### Monthly Newsletter

February 2023 | Issue 6





### From the Desk of Ms. Holliday Mexico Middle School Principal

Mexico Middle School would like to dedicate our February Tiger Wire to Mrs. Sharon Kerfien! Mrs. Kerfien is a dedicated substitute for Mexico Middle School (and the district) who always helps us in challenging times! She often responds to last minute emergencies and requests to help us staff our offices. She can step in at any time, in any office professional role, and manage all of the necessary daily tasks that these positions require. She assists our families with phone calls and procedures, helps maintain daily operations, responds to all communications throughout the day, supports staff with all of their needs, helps to maintain the safety of our students and staff, and always has a friendly smile and warm hug for those in need. Mrs. Kerfien is charitable and kind and we want to take this opportunity to honor her for all that she does for our Mexico Middle School Family. Thank you Sharon for all that you do for us. We love you!

Kimberly Holliday

## FROM THE SCHOOL NURSE



Please be aware that all schools within the district have been experiencing an increase in flu, RSV, rhinovirus, strep throat and conjunctivitis. These illnesses are very contagious. We thank you for your help with keeping your student home when not feeling well as our goal is always to keep everyone safe and healthy. As always, please call with any questions.

If your child has a fever of 100.0 or higher within the last 24 hours without fever reducing medication; has vomited or had diarrhea within the last 24 hours; has a sore throat; has a persistent runny nose or thick discolored mucus from the nose; has a significant cough that is persistent, productive, or disruptive; has honeycrusted sores around the nose or mouth or rash on other body parts that might be impetigo; has a rash in various stages including boils, sores and bumps that may be chicken pox or coxsackies virus (hand-foot-mouth); OR a significant rash accompanied by other symptoms of illness such as fever; has red/runny eyes; has a severe ear pain or fluid coming from the ears; or has a severe headacheplease keep your child home and may need to follow up with a provider.

If your child is confirmed to have the flu, they should stay home for at least 24 hours without a fever and have resolving symptoms. Keep in mind that influenza is contagious for 5-7days. The diagnosing providers note should be followed.

If students have symptoms that are consistent with Covid-19, they should stay home and Covid testing is recommended. If the test is positive, it can be self-reported on our school website. For more information, please call our Covid Coordinator at 315-529-9471. If the test is negative and symptoms are resolving, your child can return to school.



Frau Dauphin, the new MS German teacher had a "Faschingsfest" (Mardi Gras party) with her German students. German exchange students from the HS gave a presentation about German Karnival/Fasching and the students got to create "Faschingsmasken". Here are two 7th grad girls with their masks.

Hallo!

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### Let's do this right!

Middle 3

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HAPPEN

Please do not put garbage and milk cartons in the blue recycle bins in the cafeteria!
Please empty containers before recycling!
Mrs Archer's student recycling helpers thank you in advance.
Special thanks to these students for sorting the cans: Mackenzie Turnbull, Kaydence Buchanan, Caeden Wills, Jeff Zehr, Gabe Rotella, Gia Vittore, Steph Wiley, Ally Rando, Shauna Lynn, and Evan Zhang.
Our can total for January was 1,214!!!

### Colombia Culture of Colombia Cologo

Unlike the rest of Latin America, Colombia celebrates El Dia del Amor y Amistad (The Day of Love & Friendship) every September. What??? Valentine's Day is in February! These celebrations often last for the entire month of September. At the end of August, people begin to decorate their homes and business places with hearts and balloons in preparation for the month-long celebration.

Interestingly, in 1969, Colombia changed the date of El Dia del Amor. Colombian businessmen sought to change the date so that it would fall on the third Saturday of September. They did this so that merchants could sell more gifts, roses, and chocolates in September, the month that typically has no holidays in their country.

Amigo Secreto, or Secret Friend, is the most common Colombian tradition.
Among a group of people, you draw the name of your amigo/a secreto/a, and then you discreetly give sweets, poems, or flowers to this person every day until El Dia del Amor y Amistad, when you will give a gift to them in person.
Aside from gift-giving, couples and friends treat each other to fancy dinners, a trip to the movies, or dancing. Planning a trip to Colombia during September? Prepare yourself for a culture that embraces universal love all month long!

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Sleep More Clear Clutter Drink Water Get Moving Clean Your Diet Listen to Your Brain Practice Skin Care Support Your Friends

Tips for the

Clean Food

AVID 6 applications are due by Feb 10 to Mrs. Julian in the library. AVID is a one-year elective course offered in grades 7–8. AVID provides support for students' success in high school and career by developing skills like organization, self-management, responsibility, public speaking, reading, writing, critical thinking and inquiry. See Mrs. Julian or Mrs. Goble for more info!

AND News

# Student Lighthouse Team News \* \* \* \* \* \* \* \* \* \* \* \* Love Yourself

By: Macey Pelton-Vazquez

This Valentine's Day we should all be sure to give love to the people we're grateful for...sometimes we forget, that means us too! This February, be sure to Sharpen the Saw by focusing on any self-care. When it comes to you, there's "physical, social/emotional, mental, and spiritual" so you can be sure to love yourself. Speaking of love, Valentine's is right around the corner!! For Valentine's Day try to fill a few different peoples buckets with kindness and compliments. This February we will have a long, well-deserved break as well as President's Day. When and if you renew yourself in all the four areas, you make growth and a difference in your life. You make it easier to handle the challenges around you. Sharpen the saw keeps you on your toes so you can continue to try and work on the other six habits. Sharpen the saw will help you face a new day in happiness and good health. Remember every day is a new day that provides a new opportunity for self-care and a new opportunity to recharge. All it takes is putting your best foot forward. I hope

you enjoy this February full of new and exciting things.

### 5th & 6th Grade PE Classes Start Swim Unit!

5th and 6th grade P.E. classes are starting their swim unit! Mr. Brescia's on January 30th and Mr. Chamberlain's on March 1st. Please help your child remember to bring their swimsuit and towel on the dates listed below. Any questions please contact your child's physical education teacher.

Scheduled Dates for 5th grade classes: Brescia: A&C Days from 1/30-2/10 (Make up days 2/13 & 2/14) Chamberlain: A&C Days from 3/1-3/15 (Make up days 3/16 & 3/17)



Scheduled Dates for 6th grade classes: Brescia: B&D Days from 1/30-2/10 (Make up days 2/13 & 2/14) Chamberlain: B&D Days from 3/1-3/15 (Make up days 3/16 & 3/17)

Coming Soon...

# Check out what's coming up at Mexico Middle!



March is Music in our Schools Month! Look out for some amazing concerts by our super talented students to pop up in March!

Spring JV/Varsity Sports begin March 16th! Family ID opens for sign-ups February 14th. Spring Modified Sports begin on April 12th and Family ID will open for sign-ups on March 13th. Make sure you have a Physical on file with the nurse!



March 25th from IOam-Ipm the 3rd Annual Community Connection Event will happen at the High School



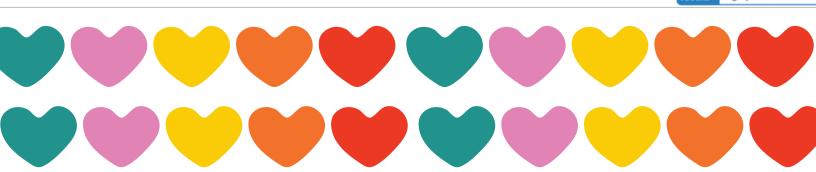


# TIME



### Elementary has choice of main menu, LUNCH FEBRUARY 2023 chicken patty or pbj. MS/HS has Menu subject to change. choice of main menu, chicken patty or Tuesday Monday Wednesday Thursday Friday Turkey and Gravy 3 2 Mashed Potato/Corn Pizza Meatball Subs Dinner Roll Green Beans **Baked Beans** Asst Fruit Asst Fruit Asst Fruit Milk Milk Milk Fish Sticks 10 Popcorn Chicken Tacos 6 Ham and Cheese on a7 8 9 Mac and Cheese Flour Tortillas Seasoned Rice Pretzel Bun Pizza **Baked Beans** Carrots Corn Green Beans Broccoli Asst Fruit Asst Fruit Asst Fruit Asst Fruit Asst Fruit Milk Milk Milk Milk Milk 16 17 13 Pancake Bites 15 14 Pulled Pork Nachos Hamburger on a Bun Sausage Patty Pizza No School Baked Beans Carrots Hashbrown Rounds Green Beans Staff Development Asst Fruit Asst Fruit Asst Fruit Asst Fruit Day Milk Milk Milk Milk 21 22 23 24 20 No school No School No school Mid-Winter Mid-Winter President's Recess Recess Day 27 Ham and Cheese on a 28 Pulled Pork Nachos Pretzel Bun **Baked Beans** Broccoli Asst Fruit Asst Fruit Milk Milk

Mexico School District is an equal opportunity provider and employer. If you have any questions concerning the school nutritional program, please contact Brenda Thomas at 315-963-8400 x 5071. Please keep accounts current and prepay for meals. Free-no charge. Reduced-no charge. Paid- PK-4 \$38.50 (\$2.75) and 5-12 \$40.60 (\$2.90)



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pink roses sweetheart red saint tradition roman sentimental valentine

romantic sweet